



2017 Rio Rancho Open Taekwondo Championships

General Information

Saturday March 18th 2017 Date:

Fee's: One event \$80.00 additional events \$10.00. \$3.00 per board -Sold day of event only.

Spectator Admission: \$10.00 each or 2 or more \$8.00 each

Check in 8:00 AM, Competition begins @ 9:00 AM Times:

Where: Rio Rancho Middle School -1600 Loma Colorado Blvd NE. Rio Rancho. NM 87144

Awards: Trophies, Medals and Certificate

Schedule of Events

Referee Meeting 8:00 AM - 8:30 AM:

8:00 AM - 9:00 AM: Registration and Competitor card pick up (Coaches Only)

9:00AM - 11:00 AM: Poomsae, All Divisions

11:00 AM - 1:00 PM: Breaking, Weapons + Team Demo

Open Ceremony- to Include Mayors Cup 1:00 PM - 1:30 PM:

Sparring, All Divisions 1:30 PM - 5:00 PM:

Hotel Information

Nativo Lodge 6000 Pan American Fwy. NE Albuquerque, NM 87109 (505) 798-4300

Comfort Inn

4081 High Resort Blvd SE Rio Rancho, NM 87124 (505) 892-5998

Tournament Director has the right to refuse any competitor, coach or master to participate in Rio Rancho Open Taekwondo Championships









Poomsae Rules

WTF Poomsae ONLY (TAE GEUK POOMSAE)

White/Yellow	<u>Orange</u>	<u>Green</u>	<u>Purple</u>	<u>Blue</u>	<u>Brown</u>	<u>Red</u>	Black Blet
Basic/TaeGuek	TaeGuek	TaeGuek	TaeGuek	TaeGuek	TaeGuek	TaeGuek	Koryo- Hansu
1	2	2 or 3	3 or 4	5 or 6	6 or 7	7 or 8	

Sparring Rules

- Y All color Belts- Junior Safety Rules
- 14 to 17: HEAD KICK, Light contact (touch).
- ₹ Color Belt: ALL Ages, 2 one minute rounds
- Y ALL Black Belt: ALL Ages, 3 one minute rounds
- *Face Shield or Sports Goggle is Allowed. (ALL AGES and ALL BELTS)

Board Breaking Rules (Breaking Board-\$3.00 Per board)

- T Color belt follows official's direction
- Y Black Belt their own routine
- Y Yellow to Purple Belt- 3 Boards and 3 Techniques
- Y Blue to Red Belt- 4 Boards and 4 Techniques
- There is ONE CHANCE for each breaking
- Y Board set up and finish time is ONE MINUTE with Judges
- Y Competitor can use a chair, person to set up.
 - 1. Yellow to Purple Belt (3 Boards) Hammer Fist, Axe Kick & Free Choice (1)
 - 2. Blue to Red Belt (4 Boards)- Palm strike or Knife Hand, Axe Kick & Free Choice (2)
 - 3. Black Belt (5 Boards)- Free Style









Taekwondo Championships



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Registration Form

Please Print ONLY

Competitors name:				
Belt Color:	Dan	Age:	F / M Weight:	LBS.
School Name:				
Events: (Please Circle Events registering fo	<u>r)</u> POOMSAE / S	PARRING / BOARD BI	REAKING / WEAPONS / TEA	AM DEMO
Event(s) Fee: One Event- \$80.00	(Add \$10.00 fo	r additional Event)		
Spectator Pass \$10.00 each or \$8.00 each wit	h purchase of (2) or more	e (Children 5 FREE)		
Total amount enclosed: \$ND	REFUNDS Under			
Payable to: James Ademuyiwa Payment M	1UST be (CREDIT CARD, I (No Registrat	MONEY ORDER OR TKD S tion at the Door)	CHOOL CHECKS)	
Registration Deadline: Friday March 10, 2017	Late Registration Dead	line: Thursday March 16, 2	2017 with \$10.00 late Fee	
<u>Mail to:</u>	James Ademuyiwa Master Jim's Taekwondo 2418 Southern Blvd. SE Rio Rancho, NM 87124	•	on: James Ademuyiwa Master Jim's Taekwondo (505) 453-4999 masterjimtkd@gmail.com	
<u>Liability Waiver</u>				
l do hereby voluntarily submit my application for responsibility for injuries, damaged or losses, e				
l agree to waive all claims against any person of treatment from the volunteers only.	connected with the tourna	ment, individually or othe	rs. I hereby give my consent to rec	eive first aid
Contestant signature:			late:///	
Parent/Guardian Signature:		ا	late:///////	







